

Worship – Sunday, November 10, 2024

Welcome to, Pastor Trevor Tristram, our guest preacher this Sunday. If you are not able to join us in-person on Sunday morning at 10 a.m., please click on the link below and join us on-line any time.



REMEMBRANCE SUNDAY

Guest Preacher:
Pastor Trevor Tristram



<https://youtube.com/live/VndDMP4tcfs?feature=share>

Our Foodgrains Campaign will continue until November 24th, 2024. So far, we have raised **\$5,080**. If you would like to donate, please make your cheque payable to St Paul's United Church with a note that is for the Canadian Foodgrains Campaign. You can also donate by e-transfer to stpaulsunited@rogers.com. Our donations are matched 4:1 by the Canadian Government.

Congregational Life

We are seeking a diverse group of friends of St. Paul's to attend a **brainstorming session to develop ideas to increase the revenue of our Church**. We expect this meeting to be one where ideas can flow freely, and we hope to prime the pump of creativity of the group to generate avenues for one-off or ongoing sustainable ideas to help our Church battle the dreaded D word! (Deficit!) Please reach out to Donna Macfarlane at donnamacfarlane@live.com or at 705-527-2084 to be included in this one-time meeting. **A meeting date has been set for Monday, November 11th, from 7:00 to 8:30 p.m. in the Parlour.** Of course, attendees will be plied liberally with treats and coffee. All ideas and participation welcome.

Automated External Defibrillator: As part of the Automated External Defibrillator ("AED")/Public Access Defibrillation ("PAD") Program between the County of Simcoe Paramedic Services and St. Paul's, the County offers on-site training on the operation of this important life-saving device. It's been some time now since the training was conducted at St. Paul's, so we're looking for individuals who may be willing to participate in this one-day training event. **So far, only two people have volunteered, and we need a minimum of five**



individuals, up to a maximum of 12 for the County deliver the training at St. Paul's. If you're interested, please contact the church office. A date and time will be set up once we have at least five willing participants.

Purchase of new computer for sound booth

Thank you to everyone who made donations towards the new computer for the sound booth. With all of your generous donations, we now have all costs covered. **Great job St. Paul's!**

Faith Formation

DK Open Gym returns for the fall and winter!

Friday November 15th and Friday December 13th from 6:00 to -8:00 p.m. in the Great Hall Drop-in after dinner and let the kids free-play in the gym while you hang out with other parents or just sit and watch while they play. We will have a self-serve light snack and water station.

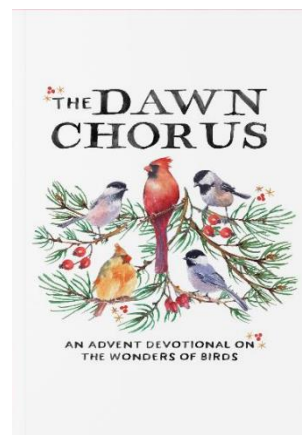
Collecting interest for a Youth Group

Do you know any youth in grades 4-12 who might be interested in participating in some type of youth programming at St. Paul's? If you have interested youth in the grades 4-12 range, please direct questions and feedback to Rebecca.

Advent devotional

Faith Formation is offering an opportunity to participate in an Advent Devotional either in a group or in your own reflective time. The theme is A Dawn Chorus - Songbirds know a thing or two about singing into darkness: in the wee hours of the morning, before the sun appears over the horizon, they begin a great symphony that scientists call the "dawn chorus."

Advent is the church's dawn chorus. In this devotional designed for families of all shapes and sizes, we walk with scripture through the season's four weeks of hope, peace, joy, and love, singing into shadows and looking to the light.



An intergenerational all ages study will be offered Sundays before Church and other groups may be offered if there is sufficient interest. To sign up to receive a study guide or participate in a group, please fill out this form: <https://forms.gle/K1FY5CeYCf9kPYAx7>

UCW notes and news

The next UCW meeting is on Tuesday, November 12th at 1:30 p.m. in the Parlour. Our speaker will be Doreen Gunson and she will be speaking about Remembrance Day. All ladies of the congregation are welcome!

Just a reminder that the UCW will not be having their annual goodie box sale this year.

Helping those in need: Thank you to everyone who has already contributed much needed items for the Guesthouse Shelter; six big bags full have already been delivered this week. The staff and residents are grateful for the generosity of the St. Paul's congregation. The boxes will remain in the Utility Room off the Atrium so we can continue to collect for our neighbours. There is a list on the final page of this weekly update with items that they need.

Outreach

Outreach Guesthouse Meals: The dinner preparation team will be supplying meals twice a month (2nd and 4th Wednesday) for the Guesthouse. While we have leaders on each of these days, we are open to extra help. Some ideas for helping include the preparation of a side dish (veggies) or a dessert (prepared at home) OR donate to the benevolent fund to help pay for groceries. If you would want to be involved or for more information, please reach out to Zena (zenapendlebury@hotmail.com) or Kathy (Kathy.stewart@sympatico.ca).

Our next Coffee Hour is on Sunday, November 17th, following worship and will be hosted by Marlis Dupuis and her team.

Joan Lavin is Captain of the Greeters for the month of November.

On Sunday, December 1st, replacing Social Hour, we will be having a **"Beat the Deficit Soup Luncheon"**. There will be home-made soup, bread, crackers etc., veggies and dip, and ice cream treats, for a donation towards the deficit.



The Bay Sound Choirs ask for your support in our annual poinsettia fundraiser.



Poinsettias in various sizes, table greenery, tropical planters and this year a "Grinch Tree" are available for sale. Orders are to be delivered or emailed to Victoria at warwick.victoria130@gmail.com or dropped off at the church office. Deadline to order is November 22nd and pickup of orders will be on Saturday, December 14 between 1:00 and 4:00 p.m. at the King Street entrance to the gym. You can pick up an order form on the table just outside the office. **If you're paying by cheque, make it payable to "Bay Sound Singers"**.

We will offer an opportunity for a Memorial Poinsettia to be placed on the chancel. If you would like a poinsettia placed in memory of a loved one, please indicate that when ordering including the name of said person. Names will be listed in the bulletin, mentioned at the December 22nd Sunday morning service as well as Christmas Eve.

Bay Sound Christmas Concert

The Bay Sound Choirs and the Bell A'Peal Handbell Choir present "Angels Sing", on Sunday December 1st at 3:00 p.m. here at St. Paul's. Tickets are \$20 for adults, \$15 for youth and under five is free. Tickets are available on their website at www.baysound.ca and will also be available at the door.



St. Paul's website

Want to know what's going on at St. Paul's? Visit our **website** at <https://www.stpaulsmidland.org/>. There is lots of information and worth the look. You can also follow us on **Facebook** at <https://www.facebook.com/search/top?q=st.%20paul%27s%20united%20church>

Office Hours

The office is open Tuesday, Wednesday and Thursday mornings from 9:00 a.m. to noon, with Judy in the office on Tuesday and Thursday mornings and Louise is in the office on Wednesday

mornings. The balance of the time, Louise works from home so you can reach her by phone any time between 8:30 and 4:00 Tuesday, Wednesday and Thursday.

This Week's Minute for Mission



Your gifts support people building a better future for themselves and their families.

Sue, 61, has faced a lifetime of challenges, starting in her youth when her mother was involved with organized crime and jailed for fraud. Later, as a young mom, a car accident left Sue with chronic back pain. And last fall, a fire destroyed her Hamilton apartment,

forcing her onto the streets. Despite these struggles, Sue has found stability at Mission and Service partner Wesley. In Wesley's special care unit, Sue is working to overcome the drug addiction that she has lived with since she was 11. While the process has been difficult, she is slowly reducing her drug use with the help of prescribed medications and support from Wesley's staff.

The care unit operates under a harm reduction model, allowing clients like Sue to manage their addictions in a supported environment. Wesley's program is part of a broader effort in Hamilton to address homelessness and substance use. Recently, the program expanded its capacity, and now provides about 30 beds for individuals struggling with multiple substances. Clients are not expected to quit drugs immediately but are supported in stabilizing their lives, receiving medical care, and reconnecting with family. Wesley's team includes doctors, nurses, and addiction specialists who help clients find their own path to recovery.

For Sue, this support has been transformative. Her room at Wesley provides a much-needed sanctuary, offering a reprieve from the constant stress of homelessness and addiction. She continues to focus on her recovery, working in the garden and taking steps toward quitting fentanyl altogether. Sue dreams of eventually finding her own home and reuniting with her beloved cat, Kitty Cat, who was rescued from the fire and is being cared for by a friend.

Your gifts through [Mission and Service](#) help support people like Sue on her ongoing journey to build a better future for herself and her children. Thank you for your continued support. Sue's story was recently featured in The Hamilton Spectator. Read More about Sue's story at <https://wesley.ca/sues-story-healing-trauma/>

Blessings everyone

Pastoral Care: Shaun McIntosh **705-427-2466** spuc.studentminister@gmail.com

Church Administrator – Louise Therrien, (Wednesday mornings 9:00 a.m. – 12:00 at the church), stpaulsunited@rogers.com **705-526-1640 (home office)**

Administrative Assistant – Judy McConnell (**Tuesday and Thursday mornings, 9:00 a.m. to 12:00**) officesecretaryspuc@gmail.com 705-526-6077

Items needed for Guesthouse Shelter

Pantry items

- Canned fruit
- Canned veggies
- Canned potatoes
- Canned meats
- Rice
- Seasonings
- Salt & pepper
- Sauces
- Cereal
- White & brown sugar
- Coffee
- Coffee whitener
- Oatmeal
- Syrup
- Pasta noodles & sauces
- Flour
- Crackers
- Soups & stews
- Breadcrumbs
- Gravy
- Salad dressings
- Peanut butter & Jam
- Cooking oil
- Hot chocolate
- Snacks

Uncommon donation items

- Socks
- Underwear
- Deodorant
- Shampoo
- Conditioner
- Bar soaps
- Razors
- Towels
- Medicine
- First aid supplies
- Q-tips
- Ear plugs